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I. Consciousness Achieved Through Masculine and Feminine Balance

“Nothing is beneath you if it is in the direction of your life.”

—Emerson, “Wealth,” *The Conduct of Life*

Introduction: Divine Light: Ying and Yang

I planned to write two books: one addressing families and Birth Mix Patterns, and a separate one on small business groups and leaders around the world. But something very interesting developed in my research. It became obvious that because the family unit is the root to early success, or failure, the message had to be combined. Family grows healthy, green, thriving gardens of individuals, or if the roots aren't established in a healthy environment, growth is limited, or not at all. Like any healthy garden, it thrives on warmth and light. Humans being (this is not a typo), grow as a result of moving toward the divine light.

Let's define the divine light. For example, there are varying holidays

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observed in November/December in America. For earth religions the greetings are “Happy Solstice,” and/or “Happy Yuletide.” Those of the Jewish faith say, “Happy Hanukkah” (or Chanukah), Christians wish a “Merry (or Happy) Christmas,” and, still another observance is Kwanzaa. If I’ve missed anything, please accept my apologies, as my ALLNESS greeting is “Happy Holidays” so ALL hear their observances. And, all feel their specific divine leaders, beautiful traditions, and rituals are respected. So while many get there differently, divine light has the same meaning and intent.

So when researching people, events, and outcomes — the family unit, the founding fathers of the Declaration of Independence, the United States Supreme Court Justices, Dark Leaders, and the Beatles — there were two common threads that led (or didn’t) to productive lives, events, and/or outcomes. First, the appreciation of diversity (or lack of) was, and continues to be, directly linked to light, or dark approaches. The Birth Mix Patterns process demonstrates an appreciation for diversity, and has been accurate for thousands of people that have worked with me through radio, workshops, individual sessions, those who read my articles in publications and books. Observing how people connect with their Astrology, Numerology and Birth Order, utilizes historical trends in connection with BMP (short for Birth Mix Patterns) for growth in the present and future. We are more aware of who we are. We accept others (who approach life differently than us) because we can more easily interpret, and are more aware of, core personality traits (not making assumptions, and not taking things personally). This knowing creates a world of open, functional communication.

A second consistent finding is when the family unit finds ways to functionally rear their offspring from infancy, the children are more

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successful sooner and overall. There are multiple mainstream studies of which I could point to back up this common sense statement. (And you can key word search on the Internet.) My research (in connection with BMP), points to adults being more successful sooner and overall due to their ownership and identification with their families, genealogy (history), and Birth Order. This is a result of:

More concerned, and interested, eyes to oversee and guide them;

More positive education, as functional guardians understand their responsibility to help children help themselves and grow into productive adults;

More nurturing, and a higher consciousness of others' needs, as a result of hands on experiences with caring guardians.

This doesn't necessarily mean that the biological parents are involved. It does mean that positive masculine and feminine figures were available to demonstrate ying yang balance at physical and spiritual levels. This exposure then creates positive outcomes moving more toward divine light. For instance, I found my mother to be a sound enough example to get me to a certain functional level. However, I was brought up in a dysfunctional family with a father who demonstrated physical, mental, and sexual abuse to me and my family. As a result of this dark void, I found myself unconsciously searching for functional masculine models (of which I eventually found many). Notice that the operative words are "masculine" and "feminine." Those figures to expand my consciousness were men and women with a more yang approach to life. And while on

my journey, many perceived me as successful, but my self-confidence was (internally) shaky because I lacked functional information. The key is personal peace to achieve true, overall success.

Do Birth Mix Patterns reveal your Dark Side?

Let's clarify up-front that Birth Mix Patterns personality trends do not reveal dark or light personalities. They reveal how people decide(ed) to utilize their mixes, and how the blends can work for, and against each other. Given that this is a Universe of Free Will, and of relativity (must know good to know bad, know love to know hate), we are all presented with choices. If we give in to our darker sides (and we all have them), it's likely we will work with the dysfunctional patterns in our mixes. If we work with the light (have some form of conscience), we will strive to work with more functional traits (realizing that we are regularly challenged with dysfunction, since we are all works in progress).

As a writer and researcher, it was easier to dig into and "feel" functional figures and their experiences, as I feel more comfortable going to the "light" of matters. I found it challenging to analyze the dark side, and even became a bit frightened at times. As I write I observe (in a sense) and can drift into feelings and places before I'm aware of it (guess I better do a bit of work on blocking that).

Group Trends: Compatibles, Outsiders, Functional and Dysfunctional Groups

There are a number of trends that can be found when researching groups in the past, present, and future.

BMP COSMIC COMPATIBLES:

These are the folks that keep things running (to achieve a goal) and con-

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nect others in the group. The cosmic compatibles can find common ground (maybe similar or complementary Life Path numbers, Sun Signs, or Birth Order), and pace themselves with others in the group to solve the problem the group was brought together for. These masters are great at creating a comfort zone for cosmic outsiders. Awareness of, and dedication to, the group are the motivation keys to compatibles.

BMP COSMIC OUTSIDERS:

If someone has a passionate, docile, or peacemaker nature, it's imperative to make functional choices on how to apply those for the good of the group. We are all sums of our actions. When in a room full of passionate people (for instance), some have to back down, or step up to get things done. In essence, all become cosmic outsiders if they can't functionally pace themselves with the rest of (or, at least, some of) the group. A key to keeping outsiders functional, is to hook them up with, at least, one functional complement, or cosmic compatible. Compatibles generally feel connected to the group goal(s), and individual reactions can change from one group to the other (women discussing men's rights, would be different than women discussing women's rights). So an outsider in one group could be a compatible in another.

BMP FUNCTIONAL GROUPS:

This is the group that comes together, and creates positive outcomes. They can be long- or short-term. Running on the assumption that this is a world of synchronicity (all things happen for a reason), people unconsciously seek each other out daily. Case in point, when listeners call into radio shows of which I am a guest, they cluster together. For instance, I worked with a Life Path 8, Capricorn hostess, and numerous 8, Capricorn, or similar themes called with no knowledge of their baseline information.

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Throughout the U.S. and Canada, First Borns love to call in to get BMP readings. You may have guessed that most of the hosts I have worked with are First Borns, but when I have a Youngest host (for instance), I receive more Youngest, lighter-hearted Sun Signs and Numerology callers. In essence, all are on a constant look-out for their cosmic families. Unfortunately, the same goes for dysfunctional, dark energy.

Similarly, I have come in as a guest speaker to classroom situations where the students had a choice where they sit, and who they work with when team learning. They unconsciously sniff out their compatibles, with the outsiders (in relationship to their mixes) on the other side of the room. So, wouldn't it be helpful to become more conscious, and know why you are (specifically) attracted to certain people, and what people are attracted to you? For those that have a more difficult time matching, or pacing, to know why? And identify these issues without making it personal? Why not maximize positive life experiences?

I studied with a small group, that I had never met, for 8 days, twelve plus hours per day. The learning experience required that we regularly worked in small groups, and we were destined to work with every personality in the room several times. To maximize my learning experience it was important, from my perspective, to work with the outsiders, as well as the compatibles. After a couple of days, to frame my perspective in a positive way, I asked everyone for their birth dates and order, so I could understand each with a bit more clarity (as well as understand my own reactions). The primary person I didn't resonate with I coined "the poker face." I found that to be frustrating, and limiting to my learning experience, particularly because we were reading each others' eye movements, facial expressions, body positioning, voices, ... (studying Neuro-Linguistic Programming™). When I found out "the poker face" was a Cancer Sun

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Sign (among other things), it was an indication that he was turbo-hiding his feelings (more of a dysfunctional pattern), because he felt vulnerable. He came into a room of strangers that were looking into his eyes, the windows to the soul, reading his gestures, interpreting his true voice. On a good day that would be tough for many people. I began to pick up on small things that he said like, “when my wife hears this song she breaks down... when my daughter hears this song she...” I was able to reframe my frustration to sympathy to maximize my learning interactions when working with him.