

I.

The “ALLNESS” of the Masculine and Feminine Balance

Introduction

I have come to realize through life experiences and now confirmed to my satisfaction through research that we, as human beings, can only express ourselves to our fullest potential if we have supportive, loving people in our lives who understand the value of balancing the masculine and feminine, ying yang, or opposites. Some would say this isn't much of a discovery but think about it just a bit more deeply. This isn't only about being married to, living with, dating, enjoying the company of, volunteering or working with others. We can do this without even liking each other (even in marriage, unfortunately). It's about effectively balancing the masculine and the feminine as we make life choices that will inevitably affect history at all levels. Sure, we can do many things

Birth Mix Patterns

on our own pretty well (and can do a lot of swimming upstream in the process) but not ALL things. So one way to experience the “ALLNESS” is to create a win:win which requires more compromise and empathy, resulting in less struggle, and increased balance. Put in even simpler terms... Let's all get along!

To help each other achieve this goal, I've identified a universal mix that has the potential to help us all have a clearer understanding of why we and others do what we do. *Birth Mix Patterns* takes familiar processes and creates a snapshot that we can comprehend on our own quickly! Using thousands of year-old tools called Astrology and Numerology together with Birth Order, I reveal various patterns. I (and thousands of others) have found this information to be helpful personality indicators. I've been “spot on” (as quoted from a radio caller from Australia) during radio shows, individual sessions and workshops helping clients set goals, understand (family, personal and business) small groups in various settings, and more.

Let's clarify that this is a starting point. It's not the end all and a way to make excuses. It is a beginning of many other beginnings that you will experience in this lifetime. It supports the idea that human beings are not complex, we simply create complex situations. We have basic motivations that connect us to all areas of life that can be revealed through Astrology Sun Signs, Numerology Life Paths, Birth Orders, and in-the-moment influences like Earth season changes and Personal Years. This handbook demonstrates *Birth Mix Patterns* through research of historical people—Presidents and First Ladies of the United States, royalty, civil rights leaders, entertainers and their companions and more. We gain clarity on how these Birth Mixes influenced the past and this gives us a glimpse into the future as history tends to repeat itself. Inevitably, this helps us to wake up, live

more consciously, to celebrate, enhance, develop and/or alleviate traits empowering us to serve ourselves and others with balance.

Opening the Patriarchy Doors to Experience “ALLNESS”

In a male-dominated world, there’s a lot of data available on the history of (literally) “man.” Researching feminine contributions, there is a tendency to overlook or under report achievements and other historical information. Once found, it was clear that those who valued and acknowledged the feminine and masculine voices equally were more successful in all aspects of life.

With this process, be comfortable in having to label personality traits to understand how to use this information most effectively. This profiling concept is similar to traveling—we have to know the beginning point to know how to get to the next destination. These are introductory trends that can help mark our progress and understand ourselves and others more clearly to create soul balance in ourselves, and ultimately to experience “ALLNESS.”

Try this on for size. Experience how it fits. Then you make the determination.

“OH... I’M CHRISTIAN.”

I was talking to someone who studied Birth Order intensely and I mentioned Astrology and Numerology as an additional reference point. One response was, “Oh, I’m a Christian.”

Let’s acknowledge that this book is not taking a religious position. It is simply another way to get a handle on who we are and how we interact to better the quality of our and others’ lives. If something doesn’t fit for you, you’ll know it. This is a Universe of free will.

I became interested in Birth Order when reading material in relation to Adult Children of Alcoholics (growing up with an alcohol and drug abusing father). I was amazed at how accurately I and my siblings played out our roles within the abusive household drama. I hated to admit this but we were actually “text book.” As I went on to study functional Birth Order (Birth Order trends less dependent of dysfunctional family patterns), it became even more telling universally. Patterns emerged in many regards—who tends to be more fun loving, who is most likely to be President of the United States, who is most accurate, who is likely to be a rebel. . . .

Then I found acceleration points in connection to Birth Order when digging deeper into New Age (or better put, Old Age) ideas. For instance, a youngest child might be an uncontrollable partier if it is blended with certain Astrology and Numerology personality patterns. In regards to Astrology and Numerology, no one really knows why either of these thousands of year old arts is accurate, but they seem to pinpoint certain personality traits as well as how this relates to the past, present and future. Each of these studies can get very intricate and those who have mastered these arts have taken decades to get there.

Put It All Together and What Do You Get?

This all comes together in a neat little package. While I've created layers of information, I have found a way to decrease the complexity of Astrology, Numerology, Birth Order and Earth Cycles so that we can get a quick and clear understanding of why we (and others) do what we do on a daily basis. This doesn't replace the value of having a more detailed analysis in any one of these fields or seeking professional counseling. It's a way to help manifest your optimal reality financially, intellectually,

I. The "ALLNESS" of the Masculine and Feminine Balance

physically, socially, and spiritually where you feel it fits (a concept called F.I.P.S.S. that I introduced in my book "*Soul"utions*). You will find summary sheets on every Birth Order, Sun Sign (Astrology), Life Path and Personal Year number (Numerology) as well as Earth Cycle influences. The only requirement is to have an understanding of basic arithmetic to use this reference book to identify your own as well as others' personality patterns to move through life more clearly, consciously, and with more empathy. The goal is to love who you are unconditionally and accept others for who they are as well.